

# Approved Diagnoses for Massage Therapy Supplemental Benefit

For Quartz Medicare Advantage member benefits only



## Chronic Neck Pain

Diagnosis Code	Description
M47.811	Spondylosis without myelopathy or radiculopathy, occipito-atlanto-axial region
M47.812	Spondylosis without myelopathy radiculopathy, cervical region
M47.813	Spondylosis without myelopathy or radiculopathy, cervicothoracic region
M47.891	Other spondylosis, occipito-atlanto-axial region
M47.892	Other spondylosis, cervical region
M47.893	Other spondylosis, cervicothoracic region
M47.899	Other spondylosis, site unspecified
M48.00	Spinal stenosis, site unspecified
M48.01	Spinal stenosis, occipito-atlanto-axial region
M48.02	Spinal stenosis, cervical region
M48.03	Spinal stenosis, cervicothoracic region
M48.31	Traumatic spondylopathy, cervical region
M48.32	Traumatic spondylopathy, cervicothoracic region
M48.33	Traumatic spondylopathy, cervicothoracic region
M54.2	Cervicalgia

## Chronic Low Back Pain

Diagnosis Code	Description
M47.816	Spondylosis without myelopathy or radiculopathy, lumbar region
M47.817	Spondylosis without myelopathy or radiculopathy, lumbosacral region

# Approved Diagnoses for Massage Therapy Supplemental Benefit



For Quartz Medicare Advantage member benefits only

<b>M47.818</b>	Spondylosis without myelopathy or radiculopathy, sacral and sacrococcygeal region
<b>M47.896</b>	Other spondylosis, lumbar region
<b>M47.897</b>	Other spondylosis, lumbosacral region
<b>M47.898</b>	Other spondylosis, sacral and sacrococcygeal region
<b>M48.03</b>	Spinal stenosis, cervicothoracic region
<b>M48.04</b>	Spinal stenosis, thoracic region
<b>M48.05</b>	Spinal stenosis, thoracolumbar region
<b>M48.061</b>	Spinal stenosis, lumbar region without neurogenic claudication
<b>M48.062</b>	Spinal stenosis, lumbar region with neurogenic claudication
<b>M48.07</b>	Spinal stenosis, lumbosacral region
<b>M48.08</b>	Spinal stenosis, sacral and sacrococcygeal region
<b>M48.35</b>	Traumatic spondylopathy, thoracolumbar region
<b>M48.36</b>	Traumatic spondylopathy, lumbar region
<b>M48.37</b>	Traumatic spondylopathy, lumbosacral region
<b>M48.38</b>	Traumatic spondylopathy, sacral and sacrococcygeal region
<b>M51.A0</b>	Intervertebral annulus fibrosus defect, lumbar region, unspecified size
<b>M51.A1</b>	Intervertebral annulus fibrosus defect, small, lumbar region
<b>M51.A2</b>	Intervertebral annulus fibrosus defect, large, lumbar region
<b>M51.A3</b>	Intervertebral annulus fibrosus defect, lumbosacral region, unspecified size
<b>M51.A4</b>	Intervertebral annulus fibrosus defect, small, lumbosacral region
<b>M51.A5</b>	Intervertebral annulus fibrosus defect, large, lumbosacral region

# Approved Diagnoses for Massage Therapy Supplemental Benefit



For Quartz Medicare Advantage member benefits only

<b>M51.04</b>	Intervertebral disc disorders with myelopathy, thoracic region
<b>M51.05</b>	Intervertebral disc disorders with myelopathy, thoracolumbar region
<b>M51.06</b>	Intervertebral disc disorders with myelopathy, lumbar region
<b>M51.14</b>	Intervertebral disc disorders with radiculopathy, thoracic region
<b>M51.15</b>	Intervertebral disc disorders with radiculopathy, thoracolumbar region
<b>M51.16</b>	Intervertebral disc disorders with radiculopathy, lumbar region
<b>M51.17</b>	Intervertebral disc disorder with radiculopathy, lumbosacral region
<b>M51.24</b>	Other intervertebral disc displacement, thoracic region
<b>M51.25</b>	Other intervertebral disc displacement, thoracolumbar region
<b>M51.26</b>	Other intervertebral disc displacement, lumbar region
<b>M51.27</b>	Other intervertebral disc displacement, lumbosacral region
<b>M51.34</b>	Other intervertebral disc degeneration, thoracic region
<b>M51.35</b>	Other intervertebral disc degeneration, thoracolumbar region
<b>M51.360</b>	Other intervertebral disc degeneration, lumbar region with discogenic back pain only
<b>M51.361</b>	Other intervertebral disc degeneration, lumbar region with lower extremity pain only
<b>M51.362</b>	Other intervertebral disc degeneration, lumbar region with discogenic back pain and lower extremity pain
<b>M51.369</b>	Other intervertebral disc degeneration, lumbar region without mention of lumbar back pain or lower extremity pain
<b>M51.370</b>	Other intervertebral disc degeneration, lumbosacral region with discogenic back pain only
<b>M51.371</b>	Other intervertebral disc degeneration, lumbosacral region with lower extremity pain only

# Approved Diagnoses for Massage Therapy Supplemental Benefit



For Quartz Medicare Advantage member benefits only

<b>M51.372</b>	Other intervertebral disc degeneration, lumbosacral region with discogenic back pain and lower extremity pain
<b>M51.379</b>	Other intervertebral disc degeneration, lumbosacral region without mention of lumbar back pain or lower extremity pain
<b>M51.44</b>	Schmorl's nodes, thoracic region
<b>M51.45</b>	Schmorl's nodes, thoracolumbar region
<b>M51.46</b>	Schmorl's nodes, lumbar region
<b>M51.47</b>	Schmorl's nodes, lumbosacral region
<b>M51.84</b>	Other intervertebral disc disorders, thoracic region
<b>M51.85</b>	Other intervertebral disc disorders, thoracolumbar region
<b>M51.86</b>	Other intervertebral disc disorders, lumbar region
<b>M51.87</b>	Other intervertebral disc disorders, lumbosacral region
<b>M51.9</b>	Unspecified thoracic, thoracolumbar and lumbosacral intervertebral disc disorder
<b>M54.16</b>	Radiculopathy, lumbar region
<b>M54.17</b>	Radiculopathy, lumbosacral region
<b>M54.18</b>	Radiculopathy, sacral and sacrococcygeal region
<b>M54.40</b>	Lumbago with sciatica, unspecified side
<b>M54.41</b>	Lumbago with sciatica, right side
<b>M54.42</b>	Lumbago with sciatica, left side
<b>M54.50</b>	Low back pain, unspecified
<b>M54.51</b>	Vertebrogenic low back pain
<b>M54.59</b>	Other low back pain
<b>M54.6</b>	Pain in thoracic spine

GH00824\_1124

Quartz-branded health plans are offered by Quartz Health Plan Corporation and Quartz Health Plan MN Corporation.  
©2024 Quartz Health Solutions, Inc.

[QuartzBenefits.com](https://www.QuartzBenefits.com)

# Approved Diagnoses for Massage Therapy Supplemental Benefit



For Quartz Medicare Advantage member benefits only

<b>M54.81</b>	Occipital neuralgia
<b>M54.89</b>	Other dorsalgia
<b>M54.9</b>	Dorsalgia, unspecified
<b>M62.5A0</b>	Muscle wasting and atrophy, not elsewhere classified, back, cervical
<b>M62.5A1</b>	Muscle wasting and atrophy, not elsewhere classified, back, thoracic
<b>M62.5A2</b>	Muscle wasting and atrophy, not elsewhere classified, back, lumbosacral
<b>M62.5A9</b>	Muscle wasting and atrophy, not elsewhere classified, back, unspecified level

## Osteoarthritis of the Knee

Diagnosis Code	Description
<b>M15.9</b>	Polyosteoarthritis, Unspecified
<b>M17.0</b>	Bilateral primary osteoarthritis of knee
<b>M17.10</b>	Unilateral primary osteoarthritis, unspecified knee
<b>M17.11</b>	Unilateral primary osteoarthritis, right knee
<b>M17.12</b>	Unilateral primary osteoarthritis, left knee
<b>M17.2</b>	Bilateral post-traumatic osteoarthritis of knee
<b>M17.30</b>	Unilateral post-traumatic osteoarthritis, unspecified knee
<b>M17.31</b>	Unilateral post-traumatic osteoarthritis, right knee
<b>M17.32</b>	Unilateral post-traumatic osteoarthritis, left knee
<b>M17.4</b>	Other bilateral secondary osteoarthritis of knee
<b>M17.5</b>	Other unilateral secondary osteoarthritis of knee
<b>M17.9</b>	Osteoarthritis of knee, unspecified

# Approved Diagnoses for Massage Therapy Supplemental Benefit

For Quartz Medicare Advantage member benefits only



## Cancer Patients with Pain

Diagnosis Code	Description
G89.3	Neoplasm related pain (acute) (chronic)

## Fibromyalgia

Diagnosis Code	Description
M79.7	Fibromyalgia

## Myofascial Pain Syndrome

Diagnosis Code	Description
M79.10	Myalgia, unspecified site
M79.11	Myalgia of mastication muscle
M79.12	Myalgia of auxiliary muscles, head and neck
M79.18	Myalgia, other site

## Diabetes (Type 2) with Peripheral Neuropathy

Diagnosis Code	Description
E11.40	Type 2 diabetes mellitus with diabetic neuropathy, unspecified
E11.41	Type 2 diabetes mellitus with diabetic mononeuropathy
E11.42	Type 2 diabetes mellitus with diabetic polyneuropathy
E11.43	Type 2 diabetes mellitus with diabetic autonomic (poly)neuropathy
E11.44	Type 2 diabetes mellitus with diabetic amyotrophy
E11.49	Type 2 diabetes mellitus with other diabetic neurological complication
E11.610	Type 2 diabetes mellitus with diabetic neuropathic arthropathy
E11.618	Type 2 diabetes mellitus with other diabetic arthropathy

# Approved Diagnoses for Massage Therapy Supplemental Benefit

For Quartz Medicare Advantage member benefits only



E11.69

Type 2 diabetes mellitus with other specified complication