

Safe Harbor – \$0 preventive drug list

One of the benefits of having a high deductible health plan (HDHP) is that members feel more control over their health care costs. It can, however, make some members hesitant to continue taking necessary preventive drugs because of the cost of the medication. Typically, with a HDHP, benefits are provided after the deductible has been met. To ensure Quartz members with a HDHP have support for preventive drugs, we have created a list of preventive medications based on guidance from the U.S. Treasury Department/IRS. The medications on the list below, known as the Safe Harbor – \$0 preventive drug list, are exempt from the deductible and have 100% coverage with \$0 out-of-pocket costs, saving you money while helping to keep you healthy.

Please note:

- This list may not include all drugs considered preventive for every health condition for which a preventive drug may be prescribed
- We cannot guarantee which drugs will continue to satisfy U.S. Treasury Department/IRS definitions for preventive medications
- Based on your health plan, utilization management (i.e., prior authorization, step therapy, and quantity limits) may apply to the medications listed below
- Drugs that are only available and covered as a generic are noted with an *
- We may not include certain dosage forms or strengths
- Devices are available from many different brands. Since Quartz covers most brands, we do not list each available device. Go to QuartzBenefits.com/Formulary or call Optum Rx Member Services to confirm if a specific brand of the device is covered
- We may not cover certain products or therapeutic categories
- Generic or brand status of drugs is subject to change due to updates in the market
- This list is subject to change without prior notice

Questions? Please visit QuartzBenefits.com/Formulary to review the medications on our formulary, or contact Optum Rx Member Services at (800) 496-7509 (TTY: 711) if you have any questions about coverage.

Therapy	Drug class	Generic name	Brand name
Asthma and COPD	Corticosteroids (respiratory tract)	Budesonide Nebs*	
		Budesonide/Formoterol Fumarate	Symbicort
		Fluticasone Furoate	Arnuity Ellipta
		Fluticasone Propion/Salmeterol	Advair Diskus, Advair HFA
		Fluticasone Propionate	Flovent Diskus, Flovent HFA
	Fluticasone/Vilanterol	Breo Ellipta	
	Devices	Inhaler, Assist Devices - Spacers	Various brand names
		Peak Flow Meter	Various brand names

*Only available and covered as a generic

Therapy	Drug class	Generic name	Brand name	
Behavioral Health - Antidepressants	Antidepressants	Citalopram Hydrobromide*		
		Escitalopram Oxalate*		
		Fluoxetine HCL*		
		Paroxetine HCL*		
		Sertraline HCL*		
Cardiovascular Disease - Hypertension	Angiotensin-Converting Enzyme Inhibitors	Enalapril Maleate*		
		Enalapril-Hydrochlorothiazide*		
		Fosinopril Sodium*		
		Fosinopril-Hydrochlorothiazide*		
		Lisinopril*		
		Lisinopril-Hydrochlorothiazide*		
		Perindopril Erbumine*		
		Quinapril HCL*		
		Quinapril-Hydrochlorothiazide*		
		Ramipril*		
	Beta-Adrenergic Blocking Agents	Bisoprolol-Hydrochlorothiazide*		
		Metoprolol Succinate*		
		Metoprolol Tartrate*		
		Metoprolol-Hydrochlorothiazide*		
		Propranolol-Hydrochlorothiazid*		
Cardiovascular Disease - Lipid Irregularity	HMG-COA Reductase Inhibitors	Atorvastatin Calcium*		
		Lovastatin*		
		Pravastatin Sodium*		
		Rosuvastatin Calcium*		
		Simvastatin*		
Diabetes	Alpha-Glucosidase Inhibitors	Acarbose*		
	Biguanides	Metformin HCL*		
		Metformin HCL ER*		
	Devices	Blood-Glucose Control Solutions, High		Various brand names
		Insulin Syringe, Needle, Insulin Sf, 0.3ml		Various brand names
		Lancets		Various brand names
		Pen needle, Diabetic		Various brand names

*Only available and covered as a generic

Therapy	Drug class	Generic name	Brand name
Diabetes (continued)	Diabetes Mellitus	Blood Sugar Diagnostic	Onetouch Ultra Test Strip, Onetouch Verio Test Strip
	Dipeptidyl Peptidase-4 (DPP-4) Inhibitors	Sitagliptin Phos/ Metformin HCL	Janumet XR, Janumet
		Sitagliptin Phosphate	Januvia
	Incretin Mimetics	Dulaglutide	Trulicity
		Exenatide	Byetta
		Exenatide Microspheres	Bydureon, Bydureon Pen, Bydureon Bcise
	Insulins	Insulin Aspart	Novolog, Novolog Penfill, Novolog Flexpen
		Insulin Aspart Prot/ Insulin ASP	Novolog Mix 70-30, Novolog Mix 70-30 Flexpen
		Insulin Glargine-YFGN	Semglee (YFGN), Semglee (YFGN) Pen
		Insulin NPH Hum/Reg Insulin HM	Novolin 70-30, Novolin 70-30 Flexpen
		Insulin NPH Human Isophane	Novolin N, Novolin N Flexpen
		Insulin Regular, Human	Novolin R, Novolin R Flexpen, Humulin R U-500, Humulin R U- 500 Kwikpen
	Meglitinides	Nateglinide*	
		Repaglinide*	
	Sodium-Gluc Cotransport 2 (SGLT2) Inhib	Dapaglifloz Propaned/ Metformin	Xigduo XR
		Dapagliflozin Propanediol	Farxiga
		Ertugliflozin Pidolate	Steglatro
		Ertugliflozin/Metformin	Segluromet
		Ertugliflozin/Sitagliptin PHOS	Steglujan
	Sulfonylureas	Glimepiride*	
		Glipizide*, Glipizide ER*, Glipizide XL*	
		Glipizide/Metformin HCL*	
		Glyburide*	
		Glyburide Micronized*	
		Glyburide/Metformin HCL*	
	Thiazolidinediones	Pioglitazone HCL*	

*Only available and covered as a generic

Therapy	Drug class	Generic name	Brand name
Endocrine Disorder - Other	Antiparathyroid Agents	Calcitonin-Salmon nasal spray*	
	Bone Resorption Inhibitors	Alendronate Sodium*, Etidronate Disodium*, Ibandronate Sodium*, Risedronate Sodium*	

*Only available and covered as a generic