

MEDICARE SELECT INSURANCE

2026 OUTLINE OF COVERAGE

This Outline of Coverage is provided by **Quartz Health Benefit Plans Corporation**, referred to in this Outline of Coverage as "**Quartz**," "we," "us" and "our."

The Wisconsin Insurance Commissioner has set minimum standards for Medicare Select policies. This policy meets these standards. It, along with Medicare, may not cover all your medical costs. You should review carefully all policy limitations. For an explanation of these standards and other important information, see the "Wisconsin Guide to Health Insurance for People with Medicare,"

given to you when you applied for this policy. Do not buy this policy if you did not receive the Wisconsin Guide to Health Insurance for People with Medicare.

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PREMIUM INFORMATION

We can raise your **premium** only if we raise the **premium** for all policies like yours in this state. Your **premium** will also change when you attain the following ages: 65, 70, 75, 80 and 85. Your **premium** will not increase on the basis of age after age 85.

DISCLOSURES

Use this Outline of Coverage to compare benefits and **premiums** among policies.

READ YOUR POLICY VERY CAREFULLY

This is only an outline describing your policy's most important features. The policy is your insurance contract. You must read the policy itself to understand all of the rights and duties of both you and *Quartz*.

RIGHT TO RETURN POLICY

If you find that you are not satisfied with your policy, you may return it to **Quartz** at 2650 Novation Parkway, Fitchburg, WI 53713. If you send the policy back to us within 30 days after you receive it, we will treat the policy as if it had never been issued and return all your payments directly to you.

POLICY REPLACEMENT

If you are replacing another health insurance policy, do NOT cancel it until you have received your new policy and are sure you want to keep it.

NOTICE

This policy may not fully cover all your medical costs. The Outline of Coverage does not give all the details of Medicare coverage. Contact your local Social Security Office or consult "Medicare & You" for more details.

Neither Quartz nor its agents are connected with Medicare.

BASIC POLICY BENEFITS INCLUDE:

- Basic Medicare Supplement Coverage;
- Part A Deductible: 100% of the Part A deductible;
- Part B Deductible: 100% of the Part B deductible (only for members eligible for Medicare before January 1, 2020);
- Out-of-Plan Emergency Care Services: Covered at 100%;
- Out-of-Plan Urgent Care Services: Covered if prior authorized by Quartz, but benefits outside the service area will be only the Medicare deductible and coinsurance up to the Medicare limiting charge;
- Preventive Health Services Not Covered by Medicare: 100% of Medicare-approved amount;
- Home Health Care: An aggregate of 365 home health care visits per year in addition to those covered by Medicare; and,
- Foreign Travel Emergency Coverage: 80% of billed charges for emergency care received during the first 60 days outside the United States. This benefit is subject to a \$250 deductible. A lifetime maximum payment of \$50,000 applies.

PREMIUM INFORMATION

This policy is issued for a defined period.

- For members joining the plan due to special enrollment and who have an effective date of:
 - November 1st, the initial period of coverage is 14 months. For all subsequent renewals, the coverage period is the calendar year;
 - December 1st, the initial period of coverage is 13 months. For all subsequent renewals, the coverage period is the calendar year.

• For all other **members**, the coverage period is the calendar year.

Premium rates are as follows:

Female with Coverage of Part B Deductible (Eligible for Medicare Prior to 01/01/2020)

Age	Monthly Premium	Quarterly	Annual
0-64	\$392.00	\$1,176.00	\$4,704.00
65-69	\$225.00	\$675.00	\$2,700.00
70-74	\$255.00	\$765.00	\$3,060.00
75-79	\$289.00	\$867.00	\$3,468.00
80-84	\$332.00	\$996.00	\$3,984.00
85+	\$404.00	\$1,212.00	\$4,848.00

Male with Coverage of Part B Deductible (Eligible for Medicare Prior to 01/01/2020)

Age	Monthly Premium	Quarterly	Annual
0-64	\$429.00	\$1,287.00	\$5,148.00
65-69	\$229.00	\$687.00	\$2,748.00
70-74	\$272.00	\$816.00	\$3,264.00
75-79	\$316.00	\$948.00	\$3,792.00
80-84	\$381.00	\$1,143.00	\$4,572.00
85+	\$437.00	\$1,311.00	\$5,244.00

Female with No Coverage of Part B Deductible

Age	Monthly Premium	Quarterly	Annual
0-64	\$370.00	\$1,110.00	\$4,440.00
65-69	\$202.00	\$606.00	\$2,424.00
70-74	\$234.00	\$702.00	\$2,808.00
75-79	\$269.00	\$807.00	\$3,228.00
80-84	\$311.00	\$933.00	\$3,732.00
85+	\$383.00	\$1,149.00	\$4,596.00

Male with No Coverage of Part B Deductible

Age	Monthly Premium	Quarterly	Annual
0-64	\$411.00	\$1,233.00	\$4,932.00
65-69	\$206.00	\$618.00	\$2,472.00
70-74	\$250.00	\$750.00	\$3,000.00
75-79	\$295.00	\$885.00	\$3,540.00
80-84	\$360.00	\$1,080.00	\$4,320.00
85+	\$415.00	\$1,245.00	\$4,980.00

Pre-Medicare Part D Product - Including Drug Benefit

Age	Monthly Premium	Quarterly	Annual
0-64	\$681.00	\$2,043.00	\$8,172.00
65-69	\$681.00	\$2,043.00	\$8,172.00
70-74	\$681.00	\$2,043.00	\$8,172.00
75-79	\$681.00	\$2,043.00	\$8,172.00
80-84	\$681.00	\$2,043.00	\$8,172.00
85+	\$681.00	\$2,043.00	\$8,172.00

Pre-Medicare Part D Product - Excluding Drug Benefit

Age	Monthly Premium	Quarterly	Annual
0-64	\$654.00	\$1,962.00	\$7,848.00
65-69	\$654.00	\$1,962.00	\$7,848.00
70-74	\$654.00	\$1,962.00	\$7,848.00
75-79	\$654.00	\$1,962.00	\$7,848.00
80-84	\$654.00	\$1,962.00	\$7,848.00
85+	\$654.00	\$1,962.00	\$7,848.00

This Medicare Select policy was developed to help meet the health care needs of people who are eligible for Medicare Parts A, B, and D. It can help fill in the gaps between your Medicare coverage and your health care requirements.

THE TIME TO ENROLL

There is an open enrollment period for people who apply for this policy within six months after enrolling in Medicare Part B. Individuals who are enrolled in Medicare Part B before the age of 65 have an additional open enrollment period for six months after they turn 65. After an open enrollment period, coverage will be permitted only after approval of a medical questionnaire, unless the individual applying for coverage falls within an exception entitling them to coverage without underwriting.

HOW TO ENROLL

Simply fill out the enclosed application and Medicare Notice, and mail them with your check in the postage-paid envelope. If you have any questions, please call us toll-free at (800) 362-3310.

PRE-EXISTING CONDITION LIMITATION

Until you have been covered by this policy for six months, no benefits will be paid for medical care, advice, service or treatment for any injury or sickness or any related condition for which treatment was received within the sixmonth period before your coverage first became effective. However, benefits are payable under this policy for any condition covered by any other *Quartz* policy in effect prior to the *effective date* of this certificate if coverage is continuous and without lapse. In addition, the waiting period will be reduced by that period of time that a *member* was covered by *continuous creditable coverage*. The waiting period will not apply to a person who is eligible for guaranteed issuance of this certificate.

COVERAGE

This Medicare Select policy supplements Medicare. It covers some **hospital**, **skilled nursing facility**, medical, surgical, and other outpatient services that

are partially covered by Medicare. It will not cover all your health care expenses. This policy does not provide benefits for *custodial care*, such as help in walking, getting in and out of bed, eating, dressing, bathing, and taking medicine.

PRIMARY CARE PROVIDER

Quartz requires you to select a primary care provider (PCP) or clinic when you enroll under this policy. Your PCP will provide many of the services that you need. Your PCP is an important part of your health care team. He or she will coordinate the health care services you receive and will keep a complete medical record to better ensure your good health. Your PCP will also refer you to a specialist when specialty care is needed.

REFERRALS

If your **PCP** wants you to receive specialty care, your **PCP** will refer you to a specialist in **Quartz's network**. If you want to see a specialist outside of **Quartz's network**, **Quartz** must authorize the visit **before** services are received. Your **PCP** will request this **prior authorization** for you.

RENEWAL

This policy is guaranteed renewable, although it may be canceled for nonpayment of **premium** or material misrepresentation or if you move outside the **Quartz service area**. **Premium** rates may change for your policy only if **premium** rates are changed for all policyholders to whom we have issued this policy.

OUT-OF-PLAN CARE

Quartz requires **members** to utilize in-plan providers for services. Exceptions are made for (1) out-of-plan emergency care, and (2) out-of-plan care that has been **prior authorized** by **Quartz**. If you receive authorized out-of-plan care or emergency care, you must submit an itemized bill and a copy of the Medicare Explanation of Benefits to **Quartz** so that the claim may be processed.

QUARTZ IS COMMITTED TO QUALITY

As your health insurance provider, our goal is to exceed your expectations in everything we do. Some of the ways we do that include:

- High member satisfaction rates that consistently show our commitment to providing excellent customer service;
- 24-Hour Callback Program. Quartz will return your call when it's most convenient for you;
- NCQA Accreditation. Quartz has earned an Interim Accreditation from the National Committee for Quality Assurance (2018–2019). NCQA is a private, non-profit organization dedicated to improving health care quality; and,
- Quartz's website offers a variety of online features including:
 - MyChart. Our secure portal that gives you access to your personal benefit and claim information;
 - o Health Topics provides online health information 24 hours a day;
 - Find a Doctor allows you to search for in-network providers; and,
 - Self-help forms allow you to change your *PCP*, change your address, or order a new member ID card.

WELLNESS PROGRAM

Quartz may provide a wellness program to **members** which may include health management and fitness. Terms and conditions may apply. Participation in **Quartz's** wellness program(s) is voluntary. From time to time,

Quartz may offer incentives to encourage you to participate in a wellness program. The program components and incentives are not covered services and do not alter or affect your covered services. You and your **primary care provider** can discuss whether participation is right for **you**.

Outline of Coverage 2026 Medicare Select Policy — Medicare Part A Benefits

A Provider Directory is included in your enrollment package. *All services* under this Medicare Select policy must be obtained from in-network providers except in cases of emergency or with written authorization from Quartz.

A **Benefit Period** begins on the first day you receive care as an inpatient in a **hospital** and ends after you have been out of the **hospital** and have not received skilled care in any other facility for 60 days in a row.

SERVICES	PER BENEFIT PERIOD	MEDICARE PAYS	THIS POLICY PAYS	YOU PAY
HOSPITALIZATION	First 60 days	All but \$1,736	\$1,736	\$0
Semiprivate room				
and board,	Days 61-90	All but \$434 per	\$434 per day	\$0
general nursing		day		
and				
miscellaneous	Day 91 and after	All but \$868 per	\$868 per day	\$0
hospital services	(while using 60	day		
and supplies.	lifetime reserve			
	days)			
			100% of	\$0
	Once lifetime	\$0	Medicare-	
	reserve days are		eligible	
	used, an		expenses**	
	additional 365			
	lifetime days			Remainder
		\$0		
	Beyond the		\$0	
	additional 365			
	days			

SERVICES	PER BENEFIT PERIOD	MEDICARE PAYS	THIS POLICY PAYS	YOU PAY
SKILLED NURSING	First 20 days	All approved	\$0	\$0
FACILITY CARE		amounts		
You must meet				
Medicare's	Days 21-100	All but \$217 per	\$217 per day	\$0
requirements,		day		
including having				
been in a <i>hospital</i>	Day 101 and after	\$0	\$0	Remainder
for at least three				
days and entered				
a Medicare-				
approved facility				
within 30 days				
after leaving the				
hospital.				
INPATIENT		190 days per	175 days per	Remainder
PSYCHIATRIC		lifetime	lifetime	
CARE				
Inpatient				
psychiatric care in				
an in-network				
provider				
psychiatric				
hospital.				
BLOOD	First three pints	\$0	Three pints	\$0
	Additional amounts	100%	\$0	\$0

SERVICES	PER BENEFIT PERIOD	MEDICARE PAYS	THIS POLICY PAYS	YOU PAY
HOSPICE AND		All but very	Medicare-	\$0
RESPITE CARE		limited	eligible	
Available as long		coinsurance or	expenses	
as your doctor		copayment for	(except for	
certifies you are		outpatient drugs	drugs which are	
terminally ill and		and inpatient	not covered).	
you elect to		respite care.		
receive these				
services.				

This Outline of Coverage does not give all the details of Medicare coverage. Contact your local Social Security office or consult "Medicare and You" for more details.

NOTICE: When your Medicare Part A *hospital* benefits are exhausted, *Quartz* stands in the place of Medicare and will pay whatever amount Medicare would have paid as provided in the policy's "Core Benefits."

Outline of Coverage 2026 Medicare Select Policy — Medicare Part B Benefits

A Provider Directory is included in your enrollment package. **All services** under this Medicare Select policy must be obtained from in-network providers except in cases of emergency or with written authorization from Quartz.

Once you have been billed \$283 of Medicare-approved amounts for covered services (which are noted with an asterisk), your Part B deductible will have been met for the calendar year.

MEDICARE PART B BENEFITS	PER CALENDAR YEAR	MEDICARE PAYS	THIS POLICY PAYS	YOU PAY
MEDICAL	First \$283 of	\$0	If eligible for	If eligible for
EXPENSES	Medicare-		Medicare	Medicare
In or out of the	approved		before	before
<i>hospital</i> and	amounts		01/01/2020:	01/01/2020:
outpatient			\$283	\$0
hospital			If eligible for	If eligible for
treatment, such			Medicare on	Medicare on
as physician's			or after	or after
services,			01/01/2020: \$0	01/01/2020:
inpatient and				\$283
outpatient				
medical and		Generally 80%		\$0
surgical services	Remainder of			
and supplies,	Medicare-		Generally 20%	
physical and	approved			
speech therapy,	amounts			
diagnostic tests,				
durable medical				
equipment.				

QuartzBenefits.com

MEDICARE PART B BENEFITS	PER CALENDAR YEAR	MEDICARE PAYS	THIS POLICY PAYS	YOU PAY
BLOOD	First three pints	\$0	First three pints	\$0
	Remainder of Medicare- approved amounts*	Generally 80%	Generally 20%	\$0
CLINICAL LABORATORY SERVICES Tests for diagnostic services.		100%	\$0	\$0
HOME HEALTH CARE		100% of charges for visits considered medically necessary by Medicare	365 visits for medically necessary services per policy year	Charges beyond 365 visits per policy year

MEDICARE PART	PER CALENDAR	MEDICARE PAYS	THIS POLICY	YOU PAY
B BENEFITS	YEAR		PAYS	
PREVENTIVE		\$0	100%	\$0
MEDICAL CARE				
BENEFITS NOT				Charges for
COVERED BY				services not
MEDICARE				administered
Preventive care				or ordered by
covered under				your doctor
the Affordable				or consistent
Care Act; vision				with policy
and hearing				requirements
examinations;				
mammograms;				
office visits with				
the member's				
Primary Care				
Provider				

*Once you have been billed \$283 of Medicare-approved amounts for covered services (that are noted with an asterisk), your Medicare Part B deductible will have been met for the calendar year.

This Outline of Coverage does not give all the details of Medicare coverage. Contact your local Social Security Office or consult "Medicare and You" for more details.

NOTE: All services under *Quartz's* Medicare Select policy must be obtained from *in-network providers* except in cases of emergency or written authorization from *Quartz's medical director*.

- For emergency care inside or outside the service area, Quartz will pay the deductible and the provider's actual charges not covered by Medicare;
- For emergency care outside the United States, Quartz will pay all providers' actual charges. For authorized referral services, we pay the

difference between Medicare Part B eligible charges and actual charges; and,

• If an out-of-network provider does not submit claims for emergency service or an authorized referral service provided to you, please send the claims to Quartz at:

> Quartz Claims Department 2650 Novation Pkwy. Fitchburg, WI 53713

POLICY BENEFITS

- Local access and convenience;
- No claim forms when you use in-network providers;
- Access to more than 50 hospitals, including the University of Wisconsin Hospital & Clinics;
- Fixed cost protection;
- 100% of Part A deductible;
- 100% of Part B deductible (for those eligible for Medicare before 01/01/2020);
- An aggregate of 365 home health care visits per year in addition to those covered by Medicare; and,
- After a deductible of \$250, 80% of expenses associated with the emergency medical care received outside the USA during the first 60 days of a trip. This benefit is subject to a \$50,000 lifetime maximum.

ADDITIONAL BENEFITS

- Routine office calls and physical examinations;
- Other medical services provided by your PCP;
- Consultation ordered by your PCP;
- Outpatient *hospital* and clinic services;
- Radiation therapy, including materials and technician services;
- Durable Medical Equipment;
- Prosthetic devices (initial acquisition only);

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- Blood transfusions;
- Emergency ambulance services;
- Dental care (only for surgery of the jaw or related structures or for setting fractures of the jaw or facial bone);
- Physical, speech, occupational and cardiac rehabilitative therapy if prescribed by an *in-network physician* and provided by a licensed therapist;
- Examinations for eyes and hearing; mammograms;
- Papanicolaou (Pap) tests, pelvic exams, and associated laboratory fees performed by an *in-network physician* or nurse practitioner;
- Equipment and supplies for the treatment of diabetes as specified in the policy;
- Treatment of kidney disease (transplants, dialysis);
- Chiropractic coverage provided by in-network chiropractors;
- Breast reconstruction of affected tissue following a mastectomy;
- Anesthesia and facility charges for dental care, under certain conditions as specified in the policy;
- Routine patient care administered as part of a cancer clinical trial; and,
- 30 days in a skilled nursing home if confinement is for continued treatment of a medical or surgical condition.

LIMITATIONS AND EXCLUSIONS

Quartz does not cover:

- 1. Expenses for which the **member** is compensated by Medicare;
- Services that Medicare does not cover, unless the policy specifically covers them;
- Services that Quartz is not legally obliged to cover (e.g., services provided by free clinics or free government programs). Quartz does not have to pay any part of such free service, even if such service would otherwise be covered as a Quartz benefit;
- 4. Services covered under any present or future governmental agency or law. This includes:
 - Workers' Compensation;
 - Employer Liability Law;

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- "No-Fault" auto insurance; and,
- Veteran's Administration service-connected disabilities or conditions;
- 5. Services that you need as a result of war or an act of war;
- 6. Services relating to pre-existing conditions, until your policy has been in effect for six consecutive months;
- 7. Personal comfort or convenience items. These include:
 - In-hospital TV and telephone;
 - Private hospital room, unless medically necessary; and,
 - Housekeeping services and meal services as part of home health care;
- 8. Charges for eyeglasses or contact lenses, unless eligible under Medicare;
- 9. Charges for hearing aids, unless eligible under Medicare;
- 10. Charges for orthopedic shoes or other supporting devices for the feet unless:
 - The shoes or devices are for a person with diabetes or peripheral vascular disease; and,
 - The shoes or devices meet the Medicare standard of medical necessity;
- Routine foot care, unless related to a disease affecting the lower limbs, such as peripheral vascular disease or diabetes, as covered under Medicare guidelines;
- 12. Charges for *custodial care*;
- 13. Charges for, or connected with, cosmetic surgery;
- 14. Charges for, or connected with, reconstructive surgery <u>unless</u> (1) it is performed mainly to achieve a significant improvement in body function, and (2) *Quartz's medical director* has determined the surgery is *medically necessary*;
- 15. Charges for services provided by family or household members, unless authorized by *Quartz*;
- 16. Charges for dentures and dental care or treatment. This includes filling, removal or replacement of teeth, dental X-rays, root canal therapy, surgery for impacted teeth, other surgical procedures involving the teeth or the structures directly supporting them, and charges for dental anesthesia unless *prior authorized* by *Quartz*;

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- 17. Hospital charges for non-covered dental procedures;
- 18. Charges for, or connected with, travel or transportation. However, ambulance transportation is covered;
- 19. Expenses incurred before the *effective date* of your insurance policy or after the policy terminates;
- Charges for any service provided by a physician, chiropractor, podiatrist or dentist acting outside the scope of authority as defined by the appropriate regulating or licensing authority;
- 21. Charges for services that are not required in accordance with accepted standards of medical, surgical or psychiatric practice;
- 22. Charges for equipment and appliances that are not prescribed for the treatment of *illness* or injury;
- 23. Charges for examinations for employment, licensing, insurance, adoption, or participation in athletics. This exclusion does not apply to court-ordered mental health services pursuant to s. 609.65, Wis. Stat.;
- 24. Charges for preparing and presenting medical reports;
- 25. Transplants and transplant-related charges not approved by Medicare; prescription drugs related to covered and non-covered transplants;
- 26. Reversals of voluntary sterilization and related procedures;
- 27. Hypnotherapy;
- 28. Vocational rehabilitation;
- 29. Procedures **Quartz** considers to be **experimental** or **investigational**, unless the procedure is covered by Medicare. The following criteria are used by the **medical director** to determine if the treatment is **experimental** or **investigational**:
 - The medical technology affects health outcome;
 - The net health outcome is beneficial, demonstrable and repeatable;
 - The beneficial outcome is better than that achieved under established alternatives; and,
 - The effect is attainable under the usual conditions of medical practice (i.e., outside of investigational settings);
- Physical, speech, and occupational therapy and psychotherapy are not covered for the following conditions: learning disabilities, developmental delay, communication delay, mental retardation, and

- related conditions. *Maintenance and supportive care and/or therapy* for chronic conditions is <u>not</u> covered;
- 31. Testing, treatment, and therapies that are related to treating the conditions listed in paragraph 30, above, are <u>not</u> covered;
- 32. Psychological and neuropsychological testing for the evaluation of learning disorders;
- 33. When not authorized in writing by *Quartz's medical director*, nonemergency services of an *out-of-network physician* or *provider*, non-emergency services received outside *Quartz's service area*, or any *hospital* or medical care or service not provided for in the policy;
- 34. Services, including non-physician services, provided by health care providers who are not *in-network providers*. The following are exceptions to this exclusion:
 - With written authorization from *Quartz* before services are rendered;
 - Emergencies in the service area when the PCP cannot readily be reached; and,
 - Emergency care or urgent care services received outside the service area;
- 35. Unless covered by Medicare, stomach-limiting, and bypass procedures to (1) correct obesity, (2) treat the complications of obesity or chronic conditions associated with obesity, or (3) treat gastroesophageal reflux disease. Treatment of complications arising from such procedures and removal of excess skin resulting from weight loss are also excluded;
- 36. Penile implants and other erection devices;
- 37. Breast augmentation or reduction, except for breast reconstruction of affected tissue incident to a mastectomy; any treatment for complications resulting from such uncovered procedures;
- Repairs or replacement for durable medical equipment unless *prior* authorized by *Quartz*;
- 39. Prescription drugs;
- 40. Pharmacy supply fees and dispensing fees on medical benefit drugs dispensed for self-administration at the patient's home;

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- 41. Coverage for skilled nursing home care beyond what is covered by Medicare and the 30-day **skilled nursing care** mandate provided by Wisconsin law;
- 42. Coverage for home health care beyond what is covered by Medicare and the 365 visits required by Wisconsin law;
- 43. Coverage for maintenance and supportive care and/or therapy;
- 44. Any federal, state or local taxes imposed on services or goods; shipping and handling charges; and,
- 45. If the **member** chooses not to enroll under Medicare Part B, expenses for what Medicare Part B would have covered if the **member** had been insured under Medicare Part B.

IMPORTANT INFORMATION ABOUT APPEAL AND GRIEVANCE RIGHTS

You have a right to appeal any decision not to provide or pay for an item or service (in whole or in part). See the Certificate of Coverage for complete detail.

A *grievance* means any dissatisfaction with *Quartz* expressed in writing, including:

- Provision of services;
- Determination to reform or rescind a policy; and,
- Claims practices.

You can file an appeal by sending it to:

Quartz

Attn: Reconsideration Committee

2650 Novation Pkwy.

Fitchburg, WI 53713

You may also send an email to AppealsSpecialists@QuartzBenefits.com. As part of your appeal, you can supply additional information and ask for copies of your claim information.

When processing your grievance, **Quartz** will provide you with:

- A Receipt of *Grievance* Acknowledgement (within five days of receipt of a *grievance*);
- A written notification of the time and place for the grievance meeting (at least seven calendar days before the meeting); and,
- The Resolution of a Grievance (within 30 days).

If **Quartz** is unable to resolve the **grievance** within 30 calendar days, the time period may be extended an additional 30 calendar days. If an extension is necessary, **Quartz** will provide written notification to you and your authorized representative, if applicable, including all of the following:

- Notification that Quartz has not resolved the grievance;
- When the resolution of the *grievance* may be expected; and,
- The reason additional time is needed.



Notice of Non-Discrimination and Availability of Language Assistance Services and Auxiliary Aids and Services

Quartz is the brand name for a group of companies committed to your health: Quartz Health Benefit Plans Corporation, Quartz Health Insurance Corporation, Quartz Health Plan Corporation, and Quartz Health Plan MN Corporation. These companies are separate legal entities. In this notice, "we" refers to all Quartz companies.

For assistance understanding these materials in a language other than English, call (800) 362-3310, and a Customer Success representative will assist you. TTY users should call 711 or (800) 877-8973.

We comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex (includes sex characteristics, including intersex traits; pregnancy or related conditions; sexual orientation; gender identity; and sex stereotypes). Quartz does not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex.

We provide reasonable modifications and free appropriate auxiliary aids and services to people with disabilities to communicate effectively with us and to participate in health programs or activities, such as -

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

We provide free language services to people whose primary language is not English, such as -

- · Qualified interpreters
- Information written in other languages.

If you need these services, contact Customer Success at (800) 362-3310.

If you believe we failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with-

Chief Compliance Officer 2650 Novation Parkway Fitchburg, WI 53713 Phone: (800) 362-3310 TTY: 711 or toll-free (800) 877-8973

Fax: (608) 644-3500

Email: AppealsSpecialists@QuartzBenefits.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, our Chief Compliance Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at ocrportal.hhs.gov/ocr/portal/lobby.jsf or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 (800) 368-1019; (800) 537-7697 (TDD)

Complaint forms are available at hhs.gov/ocr/office/file/index.html. Quartz is a Qualified Health Plan issuer in the Health Insurance Marketplace® in certain states. To learn more, visit the Health Insurance Marketplace® at HealthCare.gov.

ATTENTION: Free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call (800) 362-3310, TTY: 711 / (800) 877-8973.

Spanish - ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También están disponibles de forma gratuita ayuda y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al (800) 362-3310. TTY: 711 / (800) 877-8973 o hable con su proveedor.

Chinese-注意:如果您说[中文],我们将免费为您提供语言协助服务。我们还免费提供适当的辅助工具和服务、以无障碍格式提供信息。致电 (800) 362-3310. TTY: 711 / (800) 877-8973 或咨询您的服务提供商。

Hmong - LUS CEEV TSHWJ XEEB: Yog hais tias koj hais Lus Hmoob muaj cov kev pab cuam txhais lus pub dawb rau koj. Cov kev pab thiab cov kev pab cuam ntxiv uas tsim nyog txhawm rau muab lus qhia paub ua cov hom ntaub ntawv uas tuaj yeem nkag cuag tau rau los kuj yeej tseem muaj pab dawb tsis xam tus nqi dab tsi ib yam nkaus. Hu rau (800) 362-3310. TTY: 711 / (800) 877-8973 los sis sib tham nrog koj tus kws muab kev saib xyuas kho mob.

Russian - ВНИМАНИЕ: Если вы говорите на русский, вам доступны бесплатные услуги языковой поддержки. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону (800) 362-3310. TTY: 711 / (800) 877-8973 или обратитесь к своему поставщику услуг.

Vietnamese - LưU Ý: Nếu bạn nói tiếng Việt, chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ. Các hỗ trợ dịch vụ phù hợp để cung cấp thông tin theo các định dạng dễ tiếp cận cũng được cung cấp miễn phí. Vui lòng gọi theo số (800) 362-3310. TTY: 711 / (800) 877-8973 hoặc trao đổi với người cung cấp dịch vụ của ban.

Laotian - ເຊີນຊາບ: ຖ້າທ່ານເວົ້າພາສາ ລາວ, ຈະມີບໍລິການຊ່ວຍດ້ານພາສາແບບບໍ່ເສຍຄ່າໃຫ້ທ່ານ. ມີເຄື່ອງຊ່ວຍ ແລະ ການບໍລິການແບບບໍ່ເສຍຄ່າທີ່ເໝາະສິມເພື່ອໃຫ້ຂໍ້ມູນໃນຮູບແບບທີ່ສາມາດເຂົ້າເຖິງໄດ້. ໂທຫາເບີ (800) 362–3310. TTY: 711 / (800) 877–8973 ຫຼື ລົມກັບຜູ້ໃຫ້ບໍລິການຂອງທ່ານ.

German - ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistenzdienste zur Verfügung. Entsprechende Hilfsmittel und Dienste zur Bereitstellung von Informationen in barrierefreien Formaten stehen ebenfalls kostenlos zur Verfügung. Rufen Sie (800) 362-3310. TTY: 711 / (800) 877-8973 an oder sprechen Sie mit Ihrem Provider.

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Pennsylvania Dutch - LET OP: als je Nederlands spreekt, zijn er gratis taalhulpdiensten voor je beschikbaar. Passende hulpmiddelen en diensten om informatie in toegankelijke formaten te verstrekken, zijn ook gratis beschikbaar. Bel (800) 362-3310. TTY: 711 / (800) 877-8973 of spreek met je provider."

Arabic - 3310-362 (800) أ منتوذث اللغة العربية، فستتوفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر وسائل مساعدة وخدمات مناسبة لتوفير المعلومات بتنبيه: إذا كنت تتحدث اللغة العربية، فستتوفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر وسائل مساعدة 8778-773 (800) 877-8973 "أو تحدث إلى مقدم الخدمة 8778-7897 (800) عدد المساعدة المعاونة المعاون

Polish - UWAGA: Osoby mówiące po polsku mogą skorzystać z bezpłatnej pomocy językowej. Dodatkowe pomoce i usługi zapewniające informacje w dostępnych formatach są również dostępne bezpłatnie. Zadzwoń pod numer (800) 362-3310. TTY: 711 / (800) 877-8973 lub porozmawiaj ze swoim dostawcą.

French - ATTENTION: Si vous parlez Français, des services d'assistance linguistique gratuits sont à votre disposition. Des aides et services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le (800) 362-3310. TTY: 711 / (800) 877-8973 ou parlez à votre fournisseur.

Hindi - ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपके लिए निःशुल्क भाषा सहायता सेवाएं उपलब्ध होती हैं। सुलभ प्रारूपों में जानकारी प्रदान करने के लिए उपयुक्त सहायक साधन और सेवाएँ भी निःशुल्क उपलब्ध हैं।। (800) 362-3310. TTY / TDD: 711 / (800) 877-8973 पर कॉल करें या अपने प्रदाता से बात करें।

Korean -주의: [한국어]를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한 형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. (800) 362-3310. TTY: 711 / (800) 877-8973 번으로 전화하거나 서비스 제공업체에 문의하십시오.

Albanian - VINI RE: Nëse flisni [shqip], shërbime falas të ndihmës së gjuhës janë në dispozicion për ju. Ndihma të përshtatshme dhe shërbime shtesë për të siguruar informacion në formate të përdorshme janë gjithashtu në dispozicion falas. Telefononi (800) 362-3310. TTY: 711 / (800) 877-8973 ose bisedoni me ofruesin tuaj të shërbimit.

Tagalog - PAALALA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyong tulong sa wika. Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format. Tumawag sa (800) 362-3310. TTY: 711 / (800) 877-8973 o makipag-usap sa iyong provider.

Somali - FIIRO GAAR AH: Haddaad ku hadasho Soomaali, adeegyo kaalmada luuqadda ah oo bilaash ah ayaad heli kartaa. Qalab caawinaad iyo adeegyo oo habboon si loogu bixiyo macluumaadka qaabab la adeegsan karo ayaa sidoo kale bilaa lacag heli karaa. Wac (800) 362-3310. TTY: 711 / (800) 877-8973 ama la hadal bixiyahaaga. Gargaarsi gargaaraa fi tajaajilli sirrii ta'ee fi odeeffannoo bifa dhaqqabamaa ta'een kennuunis bilisaan ni argama.

Cushite (Oromo) - XIYYEEFFANNOO: Afaan Kushii yoo dubbattan tajaajilli gargaarsa afaanii bilisaan isiniif ni kennama. Gargaarsa gargaaraa fi tajaajilli sirrii ta'ee fi odeeffannoo bifa dhaqqabamaa ta'een kennuunis bilisaan ni argama. (800) 362-3310 bilbili. TTY: 711 / (800) 877-8973 ykn dhiyeessaa keessan waliin haasa'aa.

Amharic - ማሳሰቢያ፡- አማርኛ የሚናንሩ ከሆነ፣ የቋንቋ ድጋፍ አነልግሎት በነፃ ይቀርብልዎታል። መረጃን በተደራሽ ቅርጾት ለማቅረብ ተገቢ የሆኑ ተጨማሪ እንዛዎች እና አገልግሎቶች እንዲሁ በነፃ ይገኛሉ። በስልክ ቁተር (800) 362-3310. TTY: 711 / (800) 877-8973 ይደውሉ ወይም አገልግሎት አቅራቢዎን ያናግሩ።

Karen – ဆူ– နမ့ါ်ကတိၤ ထာနာ်လီးဖဲအံၤ အဃိ, တါ်အိဉ်ဒီး ကျိာ်တာ်ဆီဉ်ထွဲမာစၢၤ လာတလာ် ဘူဉ်လာာ်စ္ၤလာနဂ်ီးလီၤ. တါ်အိဉ်ဒီး တာ်မာစၢၤတာ်နာ်ဟူပီးလီဒီး တာ်မာစၢၤတာ်မာ လာအ ကြားအဘဉ် လာကဟူဉ်တာ်ဂုံာ်တာ်ကျိုး လာတာ်မာန့ာ်အီးသူတဖဉ် လာတလာာ်ဘူဉ်လာာ်စ္၊ လာနဂ်ီးလီၤ. ကိး (800) 362–3310. TTY: 711 / (800) 877–8973 မှတမ့ာ် ကတိၤတာ်ဒီး နပုၤလာဟူဉ် နာတာ်ကွာ်ထွဲမာစၢာတက္။်.

Mon-Khmer, Cambodian (Khmer) – សូមយកចិត្តទុកដាក់៖ ប្រសិនបើអ្នកនិយាយ ភាសាខ្មែរ សេវាកម្មជំនួយភាសាឥតគិតថ្លៃគឺមានសម្រាប់អ្នក។ ជំនួយ និងសេវាកម្មដែលជាការជួយដ៍សមរម្យ ក្នុងការជ្ដល់ព័ត៌មានតាមទម្រង់ដែលអាចចូលប្រើប្រាស់បាន ក៍អាចរកបានដោយឥតគិតថ្លៃផងដែរ។ ហៅទូរសព្ទទៅ (800) 362–3310. TTY: 711 / (800) 877–8973 ឬនិយាយទៅកាន់អ្នកផ្ដល់សេវារបស់អ្នក។

Serbo-croatian (Serbian) - ПАЖЊА: Ако говорите српскохрватски, доступне су вам бесплатне језичке услуге. Бесплатна су и одговарајућа помоћна помагала и услуге за пружање информација у приступачним форматима. Позовите (800) 362-3 ТТИ: 711 / (800) 877-8973 или разговарајте са својим провајдером.

Thai - หมายเหตุ: หากคุณใช้ภาษา ไหย เรามีบริการความช่วยเหลือด้านภาษาฟรี นอกจากนี้ ยังมีเครื่องมือและบริการช่วยเหลือเพื่อให้ข้อมูลในรูปแบบที่เข้าถึงได้โดยไม่เสียค่าใช้จ่าย โปรดโทรติดต่อ (800) 362-3310. TTY: 711 / (800) 877-8973 หรือปรึกษาผู้ให้บริการของคุณ"

Gujarati - ધ્યાન આપો: જો તમે ગુજરાતી બોલો છો, તો તમારા માટે મફત ભાષા સહાય સેવાઓ ઉપલબ્ધ છે. સુલભ ફોર્મેટમાં માહિતી પ્રદાન કરવા માટે યોગ્ય સહાયક સહાય અને સેવાઓ પણ મફતમાં ઉપલબ્ધ છે. કોલ કરો (800) 362-3310. TTY: / (800) 877-8973 અથવા તમારા પ્રદાતા સાથે વાત કરો.

Urdu - لا ار دو بولتے ہیں، تو آپ کے لیے مفت زبان کی مدد کی خدمات دستیاب ہیں۔ قابل رسائی فارمیٹس میں معلومات فراہم کرنے کے لیے مناسب معاون امداد اور خدمات بھی مفت دستیاب ہیں۔ (800) 331-362 (800) ترجہ: اگر آپ النے فراہم کنندہ سے بات کریں۔ 8773-8973 (800) / 271 کریں۔

Italian - ATTENZIONE: se parli Italiano, sono disponibili servizi di assistenza linguistica gratuiti. Sono inoltre disponibili gratuitamente ausili e servizi ausiliari adeguati per fornire informazioni in formati accessibili. Chiama l'(800) 362-3310. TTY: 711 / (800) 877-8973 o parla con il tuo fornitore.

Greek - ΠΡΟΣΟΧΗ: Εάν μιλάτε ελληνικά, υπάρχουν διαθέσιμες δωρεάν υπηρεσίες υποστήριξης στη συγκεκριμένη γλώσσα. Διατίθενται δωρεάν κατάλληλα βοηθήματα και υπηρεσίες για παροχή πληροφοριών σε προσβάσιμες μορφές. Καλέστε το (800) 362-3310. ΤΤΥ: 711 / (800) 877-8973 ή απευθυνθείτε στον πάροχό σας.

Nepali - ध्यान दिनुहोस्: यदि तपाइँ नेपाली बोल्नुहुन्छ भने, तपाइँलाई निःशुल्क भाषा सहायता सेवाहरू उपलब्ध छन्। पहुँचयोग्य ढाँचाहरूमा जानकारी प्रदान गर्न उपयुक्त सहायक सहायताहरू र सेवाहरू पनि निःशुल्क उपलब्ध छन्। कल (८००) ३६२-३३१०। TTY: ७११ (८००) ८७७-८९७३ वा आफ्नो प्रदायकसँग करा गर्नहोस्।

Ukrainian – УВАГА: Якщо ви розмовляєте українська мова, вам доступні безкоштовні мовні послуги. Відповідні допоміжні засоби та послуги для надання інформації у доступних форматах також доступні безкоштовно. Зателефонуйте за номером (800) 362–3310. TTY: 711 / (800) 877–8973 або зверніться до свого постачальника.

Wolof - FÀTTAL: Sooy wax Wolof, ay serwiis yu lay jàppale ci làkk wi doo fay. Ay ndimbal ak ay serwiis yu war ngir joxe leeral ci formaa yu yomb am nañu ci te doo fay. Woowal (800) 362-3310. TTY: 711 / (800) 877-8973 wala nga waxtaan ak sa joxekat.

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