



Customer Success

(844) 644-3455 (TTY: 711)

ChooseQuartz.com

QA01983_0525

Your health plan is offered by Quartz Health Benefit Plans Corporation for the State of Wisconsin Group Health Insurance Program.

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2025 Plan Guide

State of Wisconsin Group Health
Insurance Program

Come for the
network, stay for
everything else



Discover why state and local employees **choose Quartz** more than any other health plan.

Quartz is dedicated to continuously expanding coverage and access to care for your whole health, including well-living programs, behavioral health services, and a local team here to help you every step of the way. When you choose Quartz, you're choosing coverage that grows with you.

Contact your human resources benefits team to learn how to enroll.



Find providers and see
plan details by visiting
ChooseQuartz.com.



Explore your benefits
and rates at **etf.wi.gov.**



Complete your employer's
enrollment process and
select your Quartz network.

The network **with more freedom.**

What's a network? A network is a group of health care providers who have an agreement with Quartz to treat our members. Choosing a local network is important to find care near you. Also, your network determines what claims are paid and how much you may pay out-of-pocket.

The good news is you get to choose from three comprehensive provider networks: UW Health, Central, and West. Each one features access to care from our partners (UW Health, Gundersen Health System, UnityPoint Health – Meriter, and Aurora Health Care), as well as trusted local and regional providers.

Your network is your choice. What's your pick?

Quartz West Network

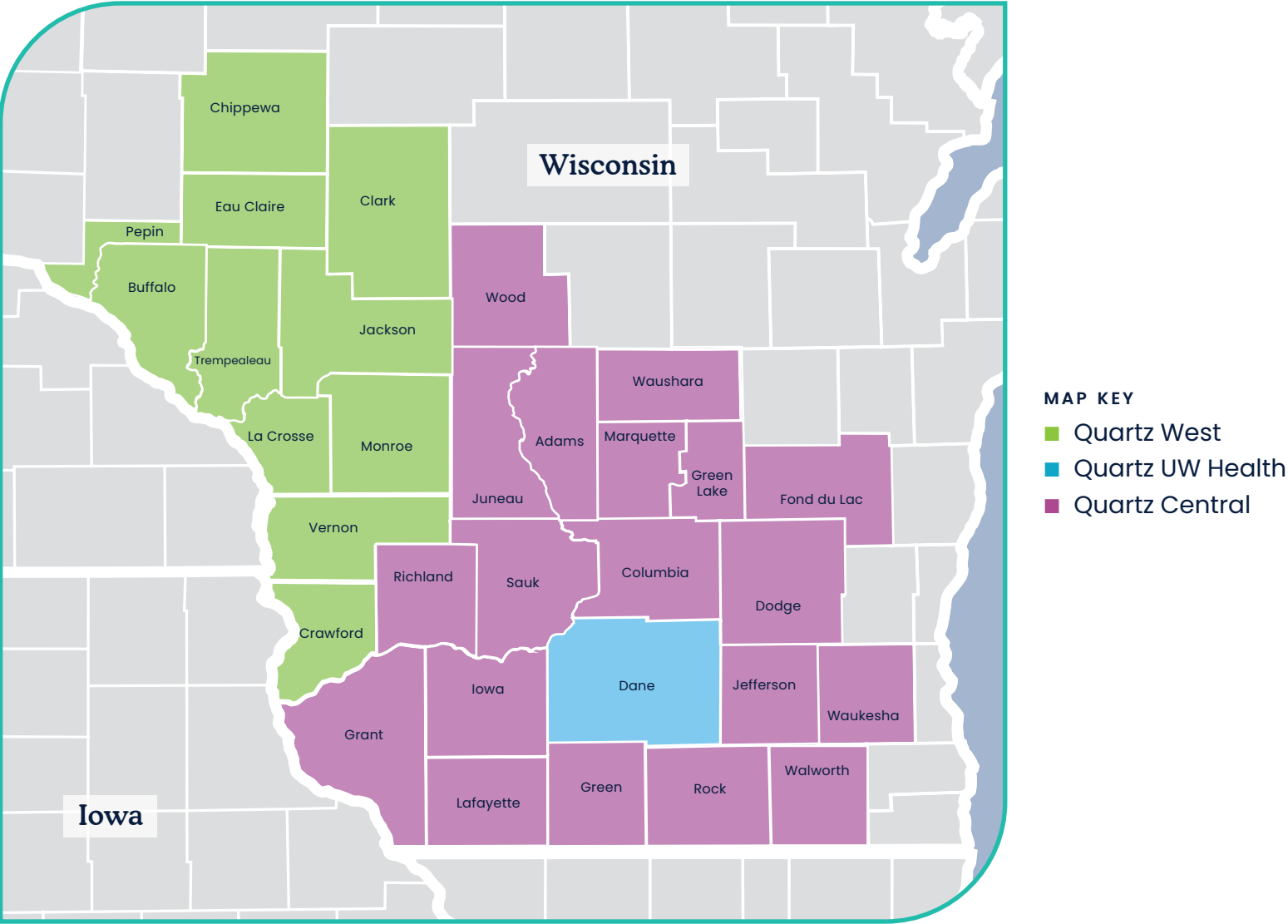
Primary care in western Wisconsin. You'll also have access to providers in select Iowa and Minnesota counties for specialty care.

Quartz UW Health Network

Primary care in Dane County (excluding the communities of Cambridge, Marshall, and Mazomanie).

Quartz Central Network

Primary care in the middle and eastern parts of the state outside of Dane County (or within the communities of Cambridge, Marshall and Mazomanie). You'll also have access to providers in other parts of Wisconsin, Minnesota, Iowa, and Illinois.



Provider partnerships – connected to **better care for you**

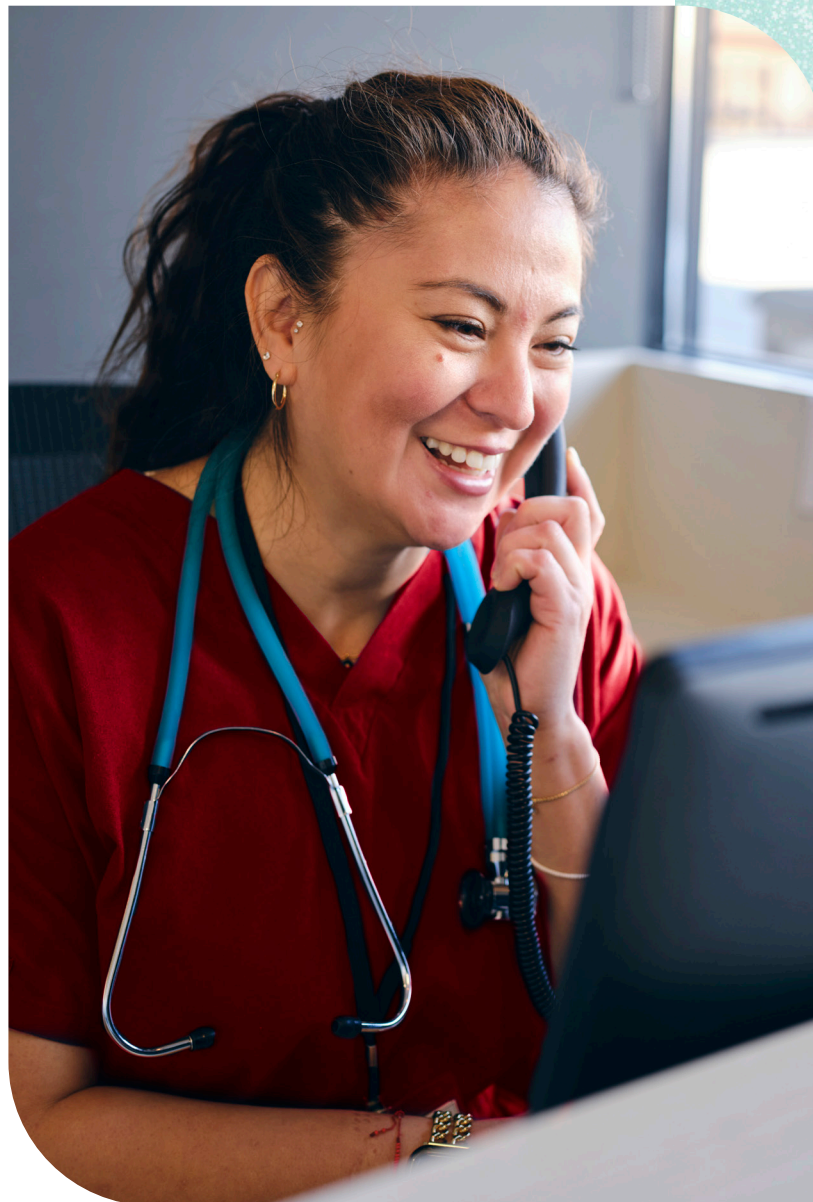
Quartz is provider owned by the health care delivery systems of **UW Health, UnityPoint Health, Gundersen Health System, and Aurora Health Care**. Together, our health care providers and services can coordinate care that puts you first.

No matter which network you choose, you have access to local community-based care, regional specialty clinics, nationally ranked hospital, trauma centers, and much more.



Ready to find a doctor?

Our Find a Doctor tool will help you search for network providers. Visit QuartzBenefits.com/findadoctor.



Featured providers helping us **keep Wisconsin covered.**

Aurora Health Care

Serves eastern Wisconsin and northern Illinois with 16 hospitals, 150+ clinics, and 70 pharmacies

Gundersen Health System

Serving 21 counties in Iowa, Minnesota, and Wisconsin

Gundersen Lutheran Medical Center

Teaching hospital with a Level II trauma and emergency center

UnityPoint Health – Meriter

Community-based hospital and primary care clinics

UW Health

Seven hospitals and 80+ outpatient sites

University Hospital

Wisconsin's top-rated hospital, home to a Level I adult and pediatric trauma center and verified Burn Center

UW Health East Madison Hospital

State-of-the-art hospital, wellness, and sports performance

American Family Children's Hospital

Among the nation's elite children's hospitals, with pediatric and surgical neonatal intensive care



(888) 863-5502



(608) 775-0601

(800) 362-9567



PARTNER OF **UWHealth**

(608) 417-3748



(608) 821-4819

(800) 552-4255

Where to get care.

Explore the options that are available with your Quartz plan.*

	Virtual visit	Telehealth	Primary care	Urgent care	Emergency care
Description	An on-demand appointment with a health care provider via your smartphone, tablet, or computer	A scheduled appointment with a provider during clinic hours, via video chat or phone call	Regular, non-emergency care. Face-to-face appointment with your provider in their clinic or office	In-person, walk-in care at designated locations, usually with extended hours	In-person care 24/7 when help is needed right away to prevent an adverse health outcome
Hours	Varies	Normal clinic hours	Normal clinic hours	Extended hours	24/7
Cost	\$	\$\$	\$\$	\$\$\$	\$\$\$\$
When to use	For urgent, non-emergency symptoms, like: <ul style="list-style-type: none"> Cough Headaches Nausea Rashes Sore throat Sprains 	For service outside of the clinic, including: <ul style="list-style-type: none"> Routine visits Surgery follow-ups Mental health services Screenings 	For in-clinic services, such as: <ul style="list-style-type: none"> Routine checkups Annual physicals Preventive screenings Vaccinations Non-urgent injuries and illness 	For health issues or injuries that need prompt attention, but are not serious enough for emergency care, such as: <ul style="list-style-type: none"> Sprains and strains Ear pain or infection Rashes and insect bites Sore or strep throat 	For serious and/or life-threatening situations, for example: <ul style="list-style-type: none"> Chest pain or heart attack Shortness of breath Major illness Traumatic injury
How to access	Set up an account ahead of time so you're prepared if you are sick or injured. Learn more at QuartzBenefits.com/digitaltools	Call your provider's office to schedule a telehealth visit (if available) and get connection instructions	Call your primary care location or clinic to schedule ahead of time	Call your primary care location or clinic first, day or night. They will advise you if you should go to urgent care	Call 911 or go to the nearest hospital emergency department for immediate help

Virtual Visits

Get care right from your phone for yourself, your partner, or your children. **Getting started with your virtual care account is easy, any way you do it.**



UW Health Care Anywhere

Download the app or visit UWHealthCareAnywhere.org to set up your account.



Gundersen virtual care

Download the app and visit MyChart.GundersenHealth.org to learn more and explore frequently asked questions.



Virtual Visits with the LiveWell app

Download the app or visit LiveWellAAH.org to sign up or start a visit.





Your **mental health** and **emotional well-being**

A life well-lived isn't just about your body — it's about your mind, too.

Behavioral Health Care Management

Quartz offers a confidential consultation about your care options and connects you to support for:

- Alcohol or substance abuse
- Anxiety and stress
- Bipolar disorder
- Depression
- Obsessive-compulsive disorder
- Panic disorder
- Post-traumatic stress

Support when you need it

Quartz mental well-being programs with AbleTo make it easy for members to find the mental health support they need — when they need it.

Eligible members get 24/7 access to digital self-care tools or schedule one-on-one coaching or therapy conveniently within five business days. Plus, teens age 13+ have access to tailored self-care tools on the AbleTo app.

Extras that matter

Check out these additional resources to support your well-being.

Innovative Well-Living Programs

We all have aspects of our health we'd like to improve, and Quartz is your resource to help. From physical health and mental resiliency to social well-being, we'll connect you to the right program to support you in well-living.

- Quartz obesity and Type 2 diabetes reversal program powered by Virta Heath*
- Quartz provides tools to help members self-manage their chronic condition. Members with a qualifying condition can receive a blood pressure monitor or home scale through their dedicated clinician that supports the member's progress and offers support when needed
- Care Management Programs coordinate care and services for members who need extra support with their medical and social needs
- Maternal support programs including outreach, virtual discussion groups, and prenatal/postpartum doula services*

Durable Medical Equipment (DME) and diabetic supplies

Your health care provider can order supplies, services, and equipment for you to use at home, instead of in a health care setting. Examples of home medical equipment include:

- Sleep apnea machines
- Oxygen equipment
- Mobility assistive equipment
- Continuous glucose monitors (CGMs)
- Insulin pumps

*Pilot programs are available to 2025 members on a trial basis and may be changed or discontinued in future years.

MyChart keeps everything organized

As a Quartz member, Quartz MyChart is your “one-stop-shop” for immediate access to benefits, claims, plan documents, and more. We’ve got everything organized for easy access when you need it.

Get started today

Go to QuartzMyChart.com, click “Sign up now” and follow the prompts for instant activation.

Send a message to Customer Success	 Get immediate access to key MyChart features	Manage your payments
Start an urgent care video visit		Access cost estimator tool
Check claims status		Go paperless
View benefits information		View frequently asked questions



Go mobile and get the app! Search for Quartz MyChart in your app store.
Message and data rates may apply.



Resources in your back pocket

Quartz is committed to helping you become a better-informed health care consumer. Visit ChooseQuartz.com to find more information about our plans, providers, and more.

Glossary of Insurance and Medical Terms

QuartzBenefits.com/Glossary
Look up the meanings of common insurance and medical words.

Health Plans 101

QuartzBenefits.com/HealthPlan101
Review the basics of how health insurance works in easy-to-understand language.

Member Rights and Responsibilities

QuartzBenefits.com/MemberRights
As a Quartz member, you have the right to be treated with respect. In return, we expect you to be involved in your care and communicate with us, too.



For assistance understanding these materials in a language other than English, call (800) 362-3310, and a Customer Success representative will assist you. TTY users should call 711 or (800) 877-8973.

We provide reasonable modifications and free appropriate auxiliary aids and services to people with disabilities to communicate effectively with us and to participate in health programs or activities, such as –

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

If you need these services, contact Customer Success at (800) 362-3310.

Chief Compliance Officer
2650 Novation Parkway
Fitchburg, WI 53713
Phone: (800) 362-3310
TTY: 711 or toll-free (800) 877-8973
Fax: (608) 644-3500
Email: AppealsSpecialists@QuartzBenefits.com

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building Washington, D.C. 20201
(800) 368-1019; (800) 537-7697 (TDD)

ATTENTION: Free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call (800) 362-3310, TTY: 711 / (800) 877-8973.

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