



Birth control services

\$0 Cost-share services, products, and drugs

Learn which birth control (contraceptive and sterilization) services are covered at no cost to you under the Affordable Care Act when prescribed and performed/administered by a health care professional within your plan's network.

Medical birth control

- Place, fit, inspect, or remove diaphragms, cervical caps, IUDs (intrauterine devices), or contraceptive implants
- Injection shots of 3-month contraceptives
- Female sterilization procedures, including cutting or blocking the fallopian tubes or oviducts (i.e., getting your tubes tied)¹
- Male sterilization (i.e., vasectomy)²
- Implantable devices¹

Over-the-counter birth control

- Contraceptive films
- Contraceptive foams or gels
- Contraceptive sponges
- Emergency birth control, such as Plan B and generic equivalents
- Male or female condoms

Prescription hormonal birth control

Many options are available to you. For a current listing of prescription hormonal birth control options, please refer to your plan's [formulary](#).

¹ Quartz will also cover anesthesia, doctor or hospital fees, and lab fees when required for these services.

² Members of high-deductible health plan policies issued in Illinois must meet the federal minimum deductible before a \$0 cost share applies.