

## Helpful resources for our communities

At Quartz, we care about keeping you, your family, and our communities healthy and safe. We want our members who are experiencing a difficult time to know that we're here to support you. Here is a list of resources that may help.

### General information and financial resources

- Hispanic Collaborative for Business and Community Resources: [mkehcc.com](https://mkehcc.com)
- Urban League Workforce Relief & Recovery Initiative: [ulgm.org](https://ulgm.org)
- United Way of Dane County: [unitedwaydanecounty.org](https://unitedwaydanecounty.org)
- United Way hotline: Call **2-1-1** or visit [211wisconsin.communityos.org](https://211wisconsin.communityos.org)
- Great Rivers United Way: [greatriversunitedway.org](https://greatriversunitedway.org)
- La Crosse Community Foundation: [laxcommfoundation.com](https://laxcommfoundation.com)
- Centro Hispano of Dane County: [micentro.org](https://micentro.org)

### Housing and food

- Porchlight: [porchlightinc.org](https://porchlightinc.org)
- Salvation Army: [centralusa.salvationarmy.org/danecounty](https://centralusa.salvationarmy.org/danecounty)
- NewBridge: [newbridgemadison.org](https://newbridgemadison.org)
- The River Food Pantry: [riverfoodpantry.org](https://riverfoodpantry.org)

### Mental health and well-being

- Catholic Charities: [catholiccharitiesofmadison.org](https://catholiccharitiesofmadison.org)
- Latino Health Council of Dane County: [latinohealthcouncil.org](https://latinohealthcouncil.org)
- Domestic Abuse Intervention Services: [abuseintervention.org](https://abuseintervention.org)
- UNIDOS against domestic violence: [unidoswi.org/en](https://unidoswi.org/en)
- Dane County Crisis: **(608) 280-2600** or in Spanish: **(888) 628-9454**
- The 988 Suicide & Crisis Lifeline: Call or text **988** or visit [988lifeline.org](https://988lifeline.org)
- Safe Communities: Call the recovery hotline at **(608) 228-1278** or visit [safercommunity.net](https://safercommunity.net)

### Other helpful sites

- Wisconsin Department of Health Services: [dhs.wisconsin.gov/covid-19/help.htm](https://dhs.wisconsin.gov/covid-19/help.htm)
- The Foundation for Black Women's Wellness: [ffbww.org](https://ffbww.org)
- Progress Center for Black Women: [centerforblackwomen.org/resources](https://centerforblackwomen.org/resources)
- National Association for the Advancement of Colored People (NAACP): [naacp.org](https://naacp.org)
- Freedom, Inc: [freedom-inc.org](https://freedom-inc.org)
- OutReach LGBTQ+ Community Center: [outreachmadisonlgbt.org](https://outreachmadisonlgbt.org)
- Urban Triage: [urbantriage.org](https://urbantriage.org)