



## Prostatic Urethral Lift (Urolift®)

Last Revision/Review Date: November 14, 2018

P&P # C.5.24

### A. Documentation Required:

To facilitate the authorization process for the Prostatic Urethral Lift (Urolift®), referral requests must include **ALL** the following:

1. Member must be under the care of a Urologist trained to perform the Urolift® procedure.
2. Documentation of patient lower urinary tract symptoms related to benign prostatic hypertrophy (BPH).
3. Documentation of failed medication management for lower urinary tract symptoms of BPH.
4. Documentation of diagnostic testing for BPH.

### B. Criteria for Medical Necessity:

Prostatic Urethral Lift (Urolift®) is considered Medically Necessary when **ALL** the following criteria are met:

1. Prostate volume of < 80 ml on ultrasound imaging; **AND**
2. Absence of obstructive middle lobe; **AND**
3. Failure of or intolerance to at least 6 months of conventional medical therapy for lower urinary tract symptoms of BPH including an adequate trial of at least 2 different medications or documentation of contraindications.

### CPT CODES:

52441	Cystourethroscopy, with insertion of permanent adjustable transprostatic implant; single implant.
52442	each additional permanent adjustable transprostatic implant (List separately in addition to code for primary procedure).

### REFERENCES:

American Urological Association Guideline: Management of Benign Prostatic Hyperplasia (BPH), Published 2010. Available at: [https://www.auanet.org/guidelines/benign-prostatic-hyperplasia/lower-urinary-tract-symptoms-\(2018\)](https://www.auanet.org/guidelines/benign-prostatic-hyperplasia/lower-urinary-tract-symptoms-(2018)) Assessed October 29, 2018.

American Urological Association Guideline: Surgical Management of Lower Urinary Tract Symptoms Attributed to Benign Prostatic Hyperplasia. Published 2018. Available at: [https://www.auanet.org/guidelines/benign-prostatic-hyperplasia/lower-urinary-tract-symptoms-\(2018\)](https://www.auanet.org/guidelines/benign-prostatic-hyperplasia/lower-urinary-tract-symptoms-(2018)) Assessed October 29, 2018.

Cantwell, Anthony L., Bogache, William K., et. Al. Multicentre prospective crossover study of the 'prostatic urethral lift' for the treatment of lower urinary tract symptoms secondary to benign prostatic hyperplasia. BJU International 2014; 113: 615 – 622.

Chin PT, Bolton DM, Jack G, et al. Prostatic urethral lift: two-year results after treatment for lower urinary tract symptoms secondary to benign prostatic hyperplasia. Urology. 2012;79(1):5-11.

Hayes, Inc. Health Technology Brief. UroLift System (NeoTract Inc.) for Treatment of Benign Prostatic Hypertrophy. Publication date: November 9, 2017. Accessed: October 29, 2018.

Magistro G, Stief C, Woo HH. Mini-review: What is new in Urolift? European Association of Urology. 2018; 4:36-39.

McVary, Kevin T., Gange, Steven N., Shore, Neal D, et al. Treatment of LUTS Secondary to BPH While Preserving Sexual Function: Randomized Controlled Study of Prostatic Urethral Lift. Journal Sexual Medicine 2014; 11:279-287.

National Institute for Health and Care Excellence (NICE). Urolift for treating lower urinary tract symptoms secondary of benign prostatic hyperplasia. Published date: September 2015.

<https://www.nice.org.uk/guidance/mtg26/chapter/3-Clinical-evidence> Accessed: October 29, 2018.

Perera, M. et al. Prostatic Urethral Lift Improves Urinary Symptoms and Flow While Preserving Sexual Function for Men with Benign Prostatic Hyperplasia: A Systemic Review and Meta-analysis. Eur Urol (2014), [http:// dx.doi.org/10.1016/j.eururo.2014.10.031](http://dx.doi.org/10.1016/j.eururo.2014.10.031).

Roehrborn C.G. Gange S.N., Shore N.D., et al. The prostatic urethral lift for the treatment of lower urinary tract symptoms associated with prostate enlargement due to benign prostatic hyperplasia: The L.I.F.T. study. Journal of Urology. 2013;190(6):2161 – 2167.

National Government Services LCD L36601 Prostatic Urethral Lift, July 1, 2016, revised October 1, 2016.